

**As a member of MFFCIP
you are eligible for
benefits!**

We recognize the physical and mental demands of serving as a first responder. MFFCIP is here to support your health and wellness by providing cancer and behavioral health resources and benefits for our members.

Our programs are designed to foster awareness, prevention, intervention, and post-crisis strategies, while ensuring easy access to confidential support.

We encourage you to make your health a priority. Learn more about MFFCIP Membership Benefits including:

- Cancer Benefits Program
- Behavioral Health Program
- Resources, Training & Events



**MISSOURI FIRE FIGHTERS
CRITICAL ILLNESS POOL**

Download the App!

The MFFCIP Responder Wellness App is free to members and designed to assist you with maintaining good physical and mental health.

- Instantly connect with peer support!
- Stay current on upcoming events and training.
- Access health and wellness resources, reading recommendations, and useful links.
- Your information is kept completely confidential! No personal information or assessments are stored or shared.

Use the appropriate QR code for your device to download the app.



iOS



Android

Stay Connected!

Scan the QR code below for our website and follow us on Facebook



Missouri Fire Fighters Critical Illness Pool



Membership Benefits Guide

Cancer Benefits

Due to repeated exposure to smoke and other carcinogens, cancer is the leading cause of death for fire fighters. Let us help.

MFFCIP provides benefits for member first responders diagnosed with one of the following occupational cancers:

Bladder	Mesothelioma
Brain	Multiple myeloma
Breast	Non-hodgkins lymphoma
Cervical	Ovarian
Colon	Pancreatic
Esophagus	Prostate
Kidney	Rectal
Leukemia	Skin
Lung	Stomach
Melanoma	Testicular
	Thyroid

Supplemental benefits are available for members diagnosed with one of the following cancers: Bone, Buccal cavity/pharynx, Eye, Hodgkin's disease, Intestine, Larynx, Liver, and Soft tissue sarcoma.

- Benefit amounts are based on the type and stage of cancer diagnosis.
- Payments are non-taxable, and issued twice monthly directly to the diagnosed individual following receipt of a completed claim application.
- No investigation is required. Diagnosis is presumed to be occupationally related.

To learn more or file a claim visit www.MFFCIP.org

Behavioral Health Program

Repeated exposure to trauma has been proven to cause elevated risks of mental health conditions in first responders. Anxiety, depression, sleep loss, post-traumatic stress, moral injury and burnout are among the most common conditions.

Unfortunately, mental health issues have historically had a negative stigma surrounding them, preventing many from seeking help and achieving mental wellness.

MFFCIP strives to change the first responder culture by encouraging and supporting your mental health. Our program includes:

- A Regional Network of trained peer support teams and culturally competent clinicians who stand ready to respond to those in crisis
- Peer Support Team training developed and taught by our MFFCIP team
- Behavioral Health Grants to support and strengthen first responder mental health
- A Responder Wellness App with countless resources and instant access to peer support

Contact information for your Regional Peer Support Coordinator and Regional Clinician may be found on the MFFCIP Responder Wellness App and on the Behavioral Health tab of www.MFFCIP.org

Behavioral Health Grants

To support first responder mental health, MFFCIP is offering grants to members.

- **Peer Support Teams** - to support team training and events
- **Clinicians** - for training and events supporting first responder mental health
- **Inpatient/Residential Grants** - payments of up to \$10,000 payable to the treatment facility to offset the cost of intense treatment

Grant applications and requirements may be found on our App and at www.MFFCIP.org

